

Volunteer Project Ideas (02/09)

Thank you for your interest in supporting “the House that love built.” We are a “home away from home” for families of children who must travel from far away to receive medical treatment.

Please keep in mind the following guidelines when planning your visit.

Many of our children are immune compromised so we ask that everyone be in **good health** when they visit.

Even a small sniffle can be detrimental to our children.

To maintain a relaxed and quiet atmosphere, we ask that groups are no larger than **12 people**, and everyone is at least **sixteen years of age**.

Please schedule your group **two weeks** in advance.

For more information or to schedule please contact the **Volunteer Coordinator** at (801) 363-4663. We are located at 935 E. South Temple, SLC, UT 84102.

Adopt-a-Dinner: After a long day at the hospital the last thing on our families mind is “what’s for dinner?”. Prepare a dinner for 30-40 people. Our kitchen is stocked with cookware and appliances. The menu is up to you. Make your favorite dish or whatever you think our guest would most enjoy.

Sack Lunch Kits: Prepare sack lunch kits for families to take to the hospital. This may include anything that you would want in your own sack lunch. Please keep in mind that sandwiches must be prepared here at the House and cannot be prepared in your home.

Housekeeping/Yard Work: The House is always in need of a deep cleaning. Assist with a good scrub down of our kitchen or room. Or help with yard clean up in the spring and raking in the fall.

Wish List: Request a “wish list” from us and organize a group donation of House supplies.

Hand-tie Quilts: Every child/teenager receives a small, lap size quilt after their first stay with us. Arrange a quilting night with your group.

Care Packets: Collect hotel / travel size shampoo, lotions, toothbrushes and toothpaste for care packets.

Grassroots Fundraisers: Organize a small fundraiser to benefit our families like a garage sale with your family or neighborhood, a car wash/lemonade stand or even a Penny war between classes, teams or competing schools.

Pop Tabs: Save the aluminum pull tabs off of soda cans and bring them to the House. The proceeds from recycling support the cost of House operations.