

Rowland Hall-St. Mark's will continue to offer the excellent quality lunches that were served in 2008-2009. Students will be offered a choice of the hot entree, salad/potato bar, pasta bar, pizza, taco bar and soup. We will also have a variety of freshly made hot or cold sandwiches daily. In an effort to please everyone, there will be many a la carte items to choose from, and from time to time more items will be added. Our goal is not only to offer a good variety but excellent quality, nutritional value, and at least seventy five percent of our foods will be baked from scratch.

A copy of the menu will be posted each month on the bulletin board in front of the Middle School and Upper School offices. Each student should also receive a copy in each month's newsletter.

**LUNCH PAYMENT:** the student may purchase lunch or a la carte items on a daily basis.

### CAFETERIA PRICE LIST:

<u>MEALS:</u>		<u>A LA CARTE ITEMS:</u>	
Main Entree	\$3.85	Bagel/one cream cheese	\$1.25
(dessert/salad/milk inc.)		additional 1 oz cream cheese	\$.25
Main Entree only	\$3.00	Baked Cookies	\$.50
Two Tacos	\$2.50	Pancake/Waffle	\$1.00
Potato Bar/Salad	\$2.00	Breakfast Burritos	\$1.50
Lg. Salad/Roll	\$2.50	Churros	\$1.00
Hot/Cold Sandwich	\$2.25	Nachos/Cheese	\$1.50
Baked Potato	\$1.00	Nacho/Cheese/Meat	\$1.75
with Chili	\$1.50	Hash Browns	\$1.00
Large Soup	\$1.50	Ice Cream Novelties	\$1.00/1.25
with Bread Bowl	\$2.00	Large Pretzel	\$1.00
Rice Bowl	\$2.50	Chips	\$.75
		Cake/Brownie	\$.50
		Jello/Pudding	\$.50
		Sweet Roll/Bread	\$1.00
		Eggs/Breakfast Meat/Hash Browns	\$3.50
		Gatorade/ 100% Juice Drinks	\$1.00
		Large Muffin	\$1.00
		Lg. Fresh Donuts	\$.75
		Yogurt	\$1.00
		Sm. Carton Milk	\$.50
		Fresh Fruit Cup	\$1.00

\* Some of the costs listed above are subject to change when we find out our actual cost for this year. In an effort to serve you best, we will keep our prices as low as possible and continually try to find food choices to please you. We will continue this year to promote a variety of healthy choices. We would appreciate any suggestions.

If you have any questions, please contact Mary Hill, Cafeteria Director