Rowland Hall SWIMMING SCHEDULE 2023-2024

First Practice: Monday, October 2, 2023

DATE	OPPONENT	TIME	
November 4 (Saturday)	Rowland Hall @ Draper Recreation	1:00	
	Center – Region 15 Invitational		
November 10 (Friday)	Time Trial at practice	4:00	
	Steiner Pool @ SLC Sports Complex		
November 16 (Thursday)	Rowland Hall vs. Grantsville & Ogden	3:00	
	@ Pratt Aquatic Center (Tooele)		
November 30 (Thursday)	Rowland Hall vs. East & Clearfield	3:30	
	@ Steiner Pool @ SLC Sports Complex		
December 1-2 (FriSat.)	Rowland Hall @ Canyon View Invite	Fri.: 6:00	
	@ SUU Sorenson PE Building (Cedar City)	Sat.: 10:15 am	
December 8-9 (FriSat.)	Rowland Hall @ Holiday Invite	Fri.: 5:30	
	@ U of U HPER Natatorium	Sat.: 12:30	
December 15 (Friday)	Rowland Hall @ All-City Meet	4:00	
	@ Fairmont Aquatic Center MEET CANCELLED		
	MEET CANCELLED		
January 11 (Thursday)	Rowland Hall vs. East High @ Steiner Pool @ SLC Sports Complex	3:30	
	& Stemer Poor & SLC Sports Complex		
January 19 (Friday)	Rowland Hall vs. Ogden & Morgan	4:00	
	@ Ogden High School		
January 25 (Thursday)	Rowland Hall vs. East High	3:30	
	@ Steiner Pool @ SLC Sports Complex		
February 2 (Friday)	2A Region Championship Meet @	4:15	
	Provo Recreation Center		
February 16-17 (FriSat.)	State 3A Meet @ BYU	TBA	

Bold Print denotes home meet to be held at Salt Lake City Sports Complex Steiner Pool, 645 South Guardsman Way, Salt Lake City, Utah

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